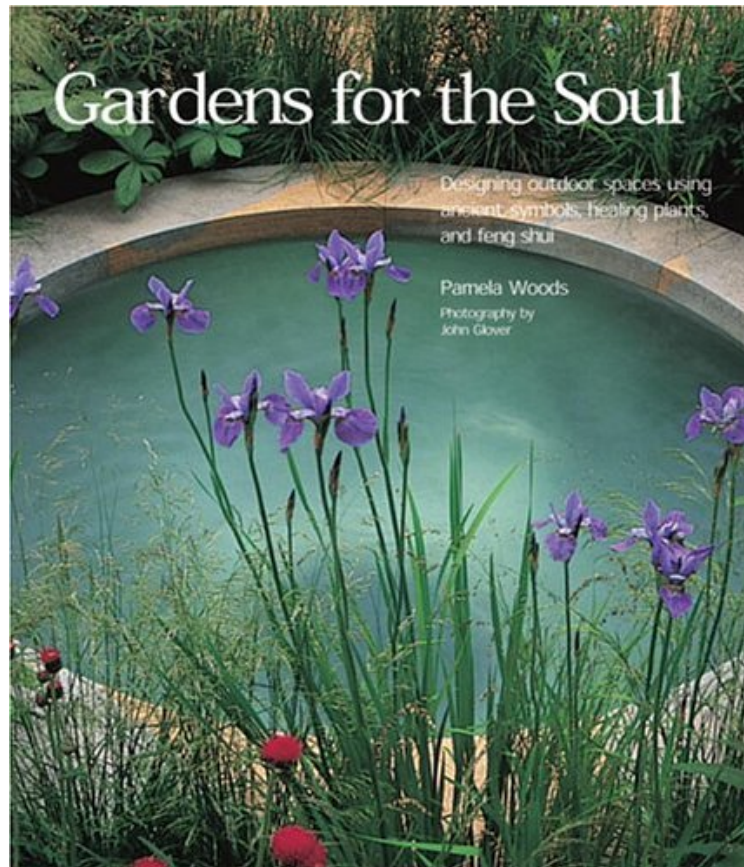


(Library ebook) Gardens for the Soul: Designing Outdoor Spaces Using Ancient Symbols, Healing Plants and Feng Shui

Gardens for the Soul: Designing Outdoor Spaces Using Ancient Symbols, Healing Plants and Feng Shui

Pamela Woods

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#1750163 in Books Rizzoli 2002-07 2002-07-19Ingredients: Example IngredientsOriginal language:EnglishPDF # 1 11.10 x .80 x 9.40l, 2.30 #File Name: 0847824780160 pages | File size: 21.Mb

Pamela Woods : Gardens for the Soul: Designing Outdoor Spaces Using Ancient Symbols, Healing Plants and Feng Shui before purchasing it in order to gage whether or not it would be worth my time, and all praised Gardens for the Soul: Designing Outdoor Spaces Using Ancient Symbols, Healing Plants and Feng Shui:

2 of 2 people found the following review helpful. Everyone I show this book to falls in loveBy CustomerA simply gorgeous book! This book is one of my absolute favorite gardening books. I have always been entranced by the spirit of place, and gardens that have an almost palpable energy. This book goes through ideas for using the tree of life, mandalas, medicine wheels, and feng shui as inspiration for creating a sacred space.It also features some of the most beautiful, enchanting gardens I have seen (and I have alot of gardening books). As another reviewer mentioned, this book is not a how to. It does not give you a garden, and a plant list, and say "plant this in spot A, plant this in Spot B". What it does is give you ideas from many different ideas from many different cultures so that you can find what speaks to you and incorporate it into your own garden. To be honest, I prefer this way of garden design. Designing a

garden is not like designing a house. Where you live, the quality of sun/soil/rain/wind/hot/cold is what determines your plant choices. I live in Arizona, so although I may want to design a garden based on the Kabbalah (as is shown) my plants are going to be completely different than the ones featured because I have to work with the plants that thrive in my area. So, I would buy this book in conjunction with books on gardening for your area to help choose plants and garden features. 0 of 0 people found the following review helpful. Gardens for the Soul By Gail W. Ford More used than usual book. Looking forward to reading. 5 of 11 people found the following review helpful. good pictures of nature but little advice By Customer This book looks beautiful, its a very lovely ornament for the table, but as for advice and information - it was very dull, and apart from 2-3 gardens, most was just beautiful nature or flower pictures. i was very disappointed Michal

"Gardens for the Soul" is a truly inspiring approach to garden design. Garden designer and plantswoman Pamela Woods' unique approach teaches you how to create a garden that reflects your spiritual beliefs and inner emotions. She invokes the power and beauty of ancient symbols, like Celtic wheels and spirals, with Eastern practices, such as feng shui, to create gardens that are relaxing, meditative and, above all, beautiful. Beginning with a discussion of what makes a garden spiritual using historical examples and her own modern designs, Pamela then discusses how to analyze and channel the energies in your garden using techniques such as feng shui, dowsing and basic common sense. She also looks at ancient symbols and systems, for example, The Tree of Life, the medicine wheel, mandalas, spirals and labyrinths, and how to incorporate them into your own garden. Pamela then explores how shapes and forms in nature are reflected throughout the universe, in history and in science, and how to draw upon these universal patterns as inspiration for your gardens. Inspirational chapters explain how plants can possess healing powers and symbolic mysticism and explore how to appreciate the foundations of your garden--tending the earth itself, incorporating wilderness and understanding the seasons that nurture your garden. Simple graphic illustrations, helpful plans and John Glover's evocative photography combine with spiritual theories and practical garden advice to help you create a space that is full of peace and resonance--an extension of your own soul and somewhere you will feel completely at home.

From Booklist Garden designer Woods takes divine forces, feng shui, and geopathic stress into account in her discussion of how to create a space that will energize, replenish, and perhaps even heal the gardener who cares for it. Ancient symbols are used as design elements, coming vividly to life in award-winning photographer John Glover's photographs of gardens graced with mandalas, spiral parterres, labyrinths, and images from tarot and the cabala. When gardening for the soul, a respectful connection to the natural world results in stunning nature tableau juxtaposed with highly refined gardens, many created for English flower shows. While floral color is related to the chakras, the ayurvedic tradition calls upon plants such as mint, basil, and fennel for their medicinal properties. Any reader involved with making a garden will appreciate Woods' sourcebook, which is replete with creative ideas, stunning imagery, and a spiritual focus. Finally, when Woods extends an invitation to ponder the golden mean, it opens up the possibility of a balanced garden plan, as well as a meditative quest for inner harmony. Alice Joyce Copyright American Library Association. All rights reserved About the Author Pamela Woods is an artist, landscape designer, and passionate plantswoman. For the last 18 years she has run a garden design practice that has come to specialize in designing public and private gardens for clients who have a spiritual focus. In 1999 Sacred Gardens won a Silver Gilt Medal for The Feng Shui Garden at The Hampton Court Palace Flower Show. Pamela also lectures and holds training workshops internationally. John Glover is an internationally renowned photographer, specializing in gardens and landscapes. His photographs have been published worldwide in magazines, books, and calendars, and in 1999 and 2000 he received the Garden Writer's Association of America Award of Excellence.