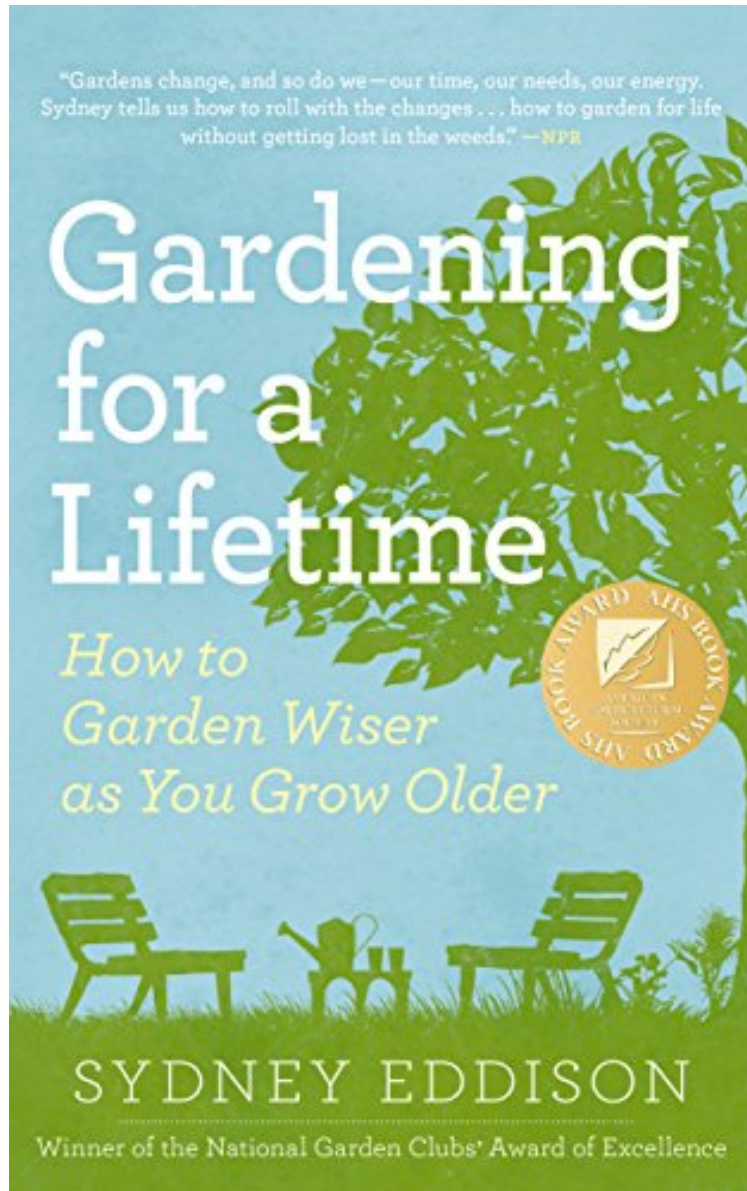


[Read free] Gardening for a Lifetime: How to Garden Wiser as You Grow Older

Gardening for a Lifetime: How to Garden Wiser as You Grow Older

Sydney Eddison

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Sydney Eddison : Gardening for a Lifetime: How to Garden Wiser as You Grow Older before purchasing it in order to gage whether or not it would be worth my time, and all praised Gardening for a Lifetime: How to Garden Wiser as You Grow Older:

0 of 0 people found the following review helpful. A peek at our gardening futureBy IMHOThis book is a delightful memoir and, at the same time, a knothole in the fence of time, offering a glimpse of what gardening holds ahead for us as we age.As important as our gardens are to many of us, the perspective of this little book reminds us that It is up to us to manage the part gardening plays in our lives. Much as we may once have queried ourselves, "Do I work to live or live to work?" "Do I eat to live or live to eat?" our hobbies can be the subject of the same inquiry, as every passionate gardener can attest. Mrs. Eddison does a huge favor of holding up the mirror for us see where we have been to one degree or another. Then she reminds us, as kindly as possible, that change happens, and often takes us by surprise. Her synthesis of all the lessons learned from the changes imposed, and the down-to-earth (pun intended) observations she shares as her "gleanings" offer us a chance to enjoy a triumphant final lap, even if from bench to bench, by transforming our spaces to lower maintenance.3 of 3 people found the following review helpful. DisappointingBy D. ArndtI thought this was going to be helpful, but it's mostly charming ramblings about the wealthy East coast writer's life, as it related to her garden. Don't waste your money, get it at the library if you must read it. I didn't even finish it, I'm sad to say.7 of 7 people found the following review helpful. Another good read from an exceptional gardener-writerBy J. LindquistI've read all of Sydney's books and recommend them highly to anyone who loves to garden and appreciates what a hands-on expert with a wonderfully engaging writing style is happy to share. Sydney's books are about gardening and life, and this book deals with some of the realities we aging gardeners face. I was lucky enough to visit her garden a decade ago and remember the perfection of her amazing perennial bed and the charm of her primrose path. When I blanched at the inadequacy of my gardening efforts in comparison to her paradise, she smiled, and remarked that "this is not a garden, this is my life's work." As Sydney has aged, her garden and her perspective have evolved. But what hasn't changed is her wonderfully warm and very practical account of her life in her garden.

From the winner of the National Garden Club's Award of Excellence Although the garden may beckon as strongly as ever, the tasks involvedpulling weeds, pushing wheelbarrows, digging holes, moving heavy potsbecome increasingly difficult, or even impossible, with advancing age. But the idea of giving it up is unthinkable for most gardeners. So whats the alternative? In *Gardening for a Lifetime*, Sydney Eddison draws on her own forty years of gardening to provide a practical and encouraging roadmap for scaling back while keeping up with the gardening activities that each gardener loves most. Like replacing demanding plants like delphiniums with sturdy, relatively carefree perennials like sedums, rudbeckias, and daylilies. Or taking the leap and hiring helpanother pair of hands, even for a few hours a week, goes a long way toward getting a big job done. This new edition features an additional chapter describing how Sydneys struggles with hip and back problems forced her to walk the walk. As a friend of hers says, Last summer you wrote the book. Now, Im happy to see that youve read it. Gentle, personable, and practical, *Gardening for a Lifetime* will be welcomed by all gardeners looking to transform gardening from a list of daunting chores into the gratifying, joyful activity it was meant to be.

From BooklistA respected, beloved writer and speaker in the gardening world, Eddison shares her personal transition from dynamic garden maker to an aging garden caretaker. Revealing strategies she developed to reduce the workload inherent in maintaining perennial borders, Eddison presents a bullet-point list of gleanings to accompany each chapter. Determining which perennials merit a place while removing others is one option she explores. Gardeners who are no longer young will appreciate her recommendations for choosing shrubs that require less care, or plants that thrive in shade rather than sun. Making task lists might sound elemental, but Eddison explains the importance and effectiveness of such lists. And she suggests ways to search for help when one needs to spend less time maintaining ones garden, a decision that can be difficult for type A gardeners as they grow older. Eddisons thoughtful reflections are timely for countless gardeners who are approaching the time in their lives when a garden sanctuary can feel like a burden. --Alice Joyce I found it liberating to be given an excuse to ditch some of my backbreaking chores. Whos waiting to grow old? Im preparing for the future right now. You can tuck this perfect gift into your basket. *New York Times Book Gardens* change, and so do weour time, our needs, our energy. Sydney tells us how to roll with the changes. . . . how to garden for life without getting lost in the weeds. *NPR'sOn Point* Eddisons thoughtful reflections are timely for countless gardeners who are approaching the time in their lives when a garden sanctuary can feel like a burden. *Booklist* Sydney Eddison believes you can weed out loads of demanding yard work as you age without reducing the enjoyment of gardening. The 78-year-old author says its simply a matter of gardening more wisely. *ABC News* Keep up your passion for plants as you grow older with these practical tips. *Whole Living* Sydney Eddison is my kind of garden writer, now passing along wisdom acquired from 50 years. No B.S., no rhetoric. Trust this writer; she knows what shes talking about. *Garden Rant* [Eddison] writes with wisdom and experience. Are you looking for anything more? *Landscape Design* Sydney Eddison has long shared with readers. . . . her experiences maintaining her garden in Connecticut. Now shes using those experiences to help older gardeners like herself continue to pursue their passion as they age. *Akron Beacon Journal* Anyone whos gardened for a long time will want to read Sydney Eddisons new book. *Philadelphia Inquirer* Practical advice and heartfelt anecdotes on how to transform gardening into a labor of love.

Design NJ A very personal book with many nuggets of information. Providence Journal