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Forest Farming: Towards a Solution to Problems of World Hunger and Conservation

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J. Sholto Douglas, Robert A. De J. Hart : Forest Farming: Towards a Solution to Problems of World Hunger and Conservation before purchasing it in order to gauge whether or not it would be worth my time, and all praised Forest Farming: Towards a Solution to Problems of World Hunger and Conservation:

18 of 18 people found the following review helpful. An excellent introduction to forest permaculture By A Customer This book argues for a better, more sustainable, and ultimately more sane way to farm: forest permaculture

(forest farming). Forest permaculture is a technique of planting long-lived trees typically together with shrubs and herbs or grasses in a multi-tier ecosystem that achieves a steady state and produces food year after year without plowing or tilling, without the need for any farming machinery, and without any herbicides or fertilizers. This technique usually produces much higher yields than conventional farming, and it can be adapted to most climates, from temperate to equatorial. Written by two well-known experts who have devoted their lives to advancing these techniques, this book is packed with excellent arguments, examples, and references, including a very comprehensive bibliography and list of organizations working in the area. It is a great introduction to the subject, although probably not a complete how-to guide. Nonetheless I think anyone who wants to know more permaculture or is considering adopting the same techniques needs to have this book handy. Also, this book would certainly be of great interest to anyone interested in the ideas and philosophy of E.F. Schumacher (author of "Small is Beautiful").

The integration of tree and other farming can establish a sounder ecological balance and greater productivity of food and materials for clothing, fuel and shelter. The book suggests planting and cropping methods, and a range of potentially useful trees.