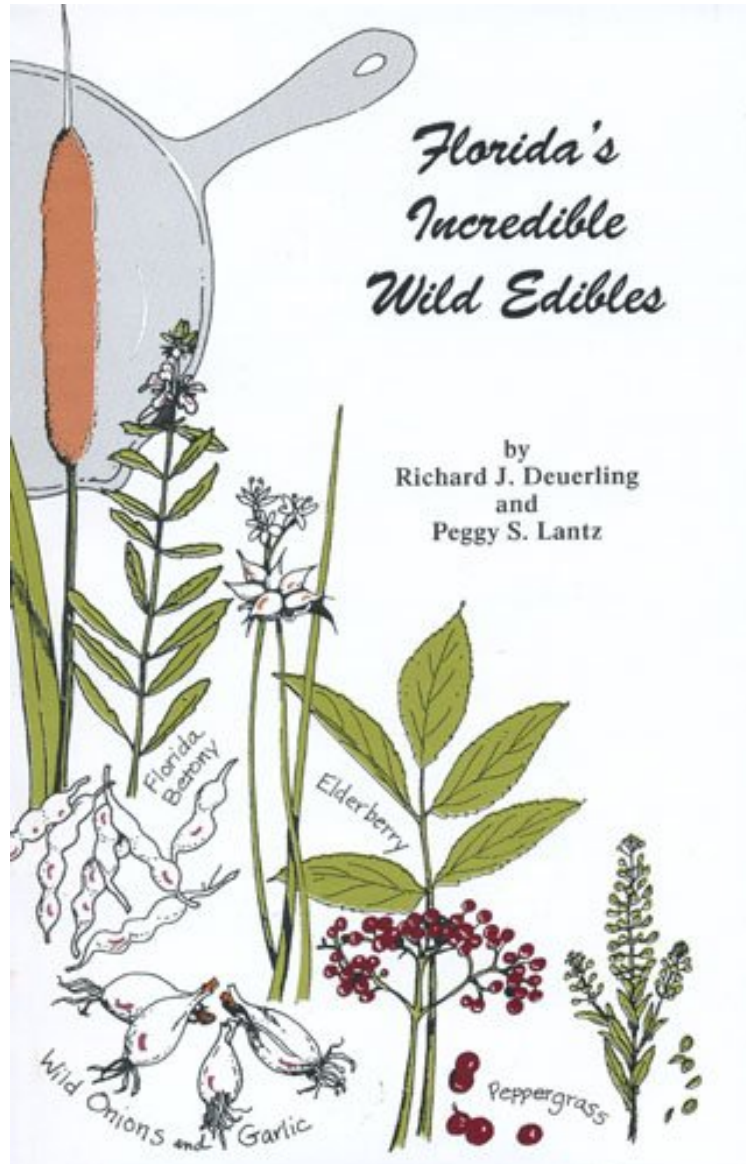


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Florida's varying habitats are blessed with a wide variety of native plant species. These have roots, stems, leaves, flowers, fruit, and seeds that provide good and interesting food for people. All of these plants, if we are to enjoy eating

them, need identification and interpretation, which this book provides. This illustrated book has descriptions, recipes and notes for many different plants. From "Dandelion Dip" to "Elderflower Champagne," the authors have found the woods and fields to be a table always spread.