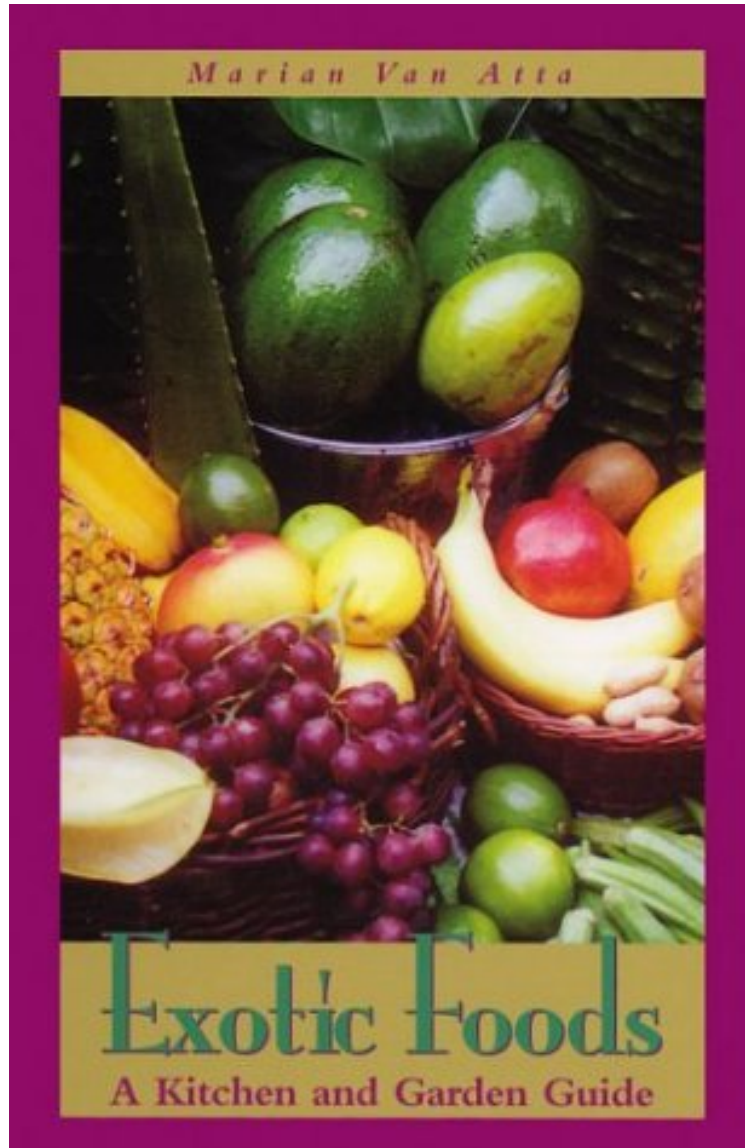


[FREE] Exotic Foods: A Kitchen and Garden Guide

## Exotic Foods: A Kitchen and Garden Guide

*Marian Van Atta, Marlan Atta*

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**Marian Van Atta, Marlan Atta : Exotic Foods: A Kitchen and Garden Guide** before purchasing it in order to gage whether or not it would be worth my time, and all praised Exotic Foods: A Kitchen and Garden Guide:

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edition, *Exotic Foods: A Kitchen And Garden Guide* by gardening and culinary expert Marian Van Atta is a straightforward, "reader friendly" introduction to introducing tasty, enjoyable, and interesting new foods into one's culinary palate. Filled with basic growing information and delicious recipes for kumquats, macadamia nuts, mango, okra, and much more, *Exotic Foods: A Kitchen And Garden Guide* is a sure-fire way to enrich one's gardening, culinary adventures, and mealtime satisfaction!

With over thirty years' experience cultivating tropical and subtropical fruits and vegetables, author Marian Van Atta brings the exotic home in the second edition of this popular guide:-- Learn how to take full advantage of year-round warm weather (or your sun porch or greenhouse if you live in a colder climate) and grow rare delights such as the Surinam cherry-- Learn how to grow favorite American fruit trees (such as apples, pears, and peaches) that you never thought could grow in your subtropical backyard-- Find sources for exotic edibles as well as valuable tips to keep them free of pests and producing for yearsA wealth of sumptuous and nutritious recipes, including drinks, main courses, desserts, relishes, jams, and jellies, are sure to inspire you to serve your bounty. Whether you are a cook who likes to garden, a gardener who likes to cook, a plant enthusiast, or simply someone who loves good food, this thorough garden and kitchen guide is guaranteed to have something for you.

About the AuthorMarian Van Atta has been sharing her knowledge about exotic fruits and vegetables for many years. Her four children and four grandchildren help with growing the plants, sending out seeds, and developing recipes. Her daughter, Kathy, drew many of the illustrations for this book. Her husband Jack, now retired from the space program, works on the garden and especially enjoys tasting recipes.