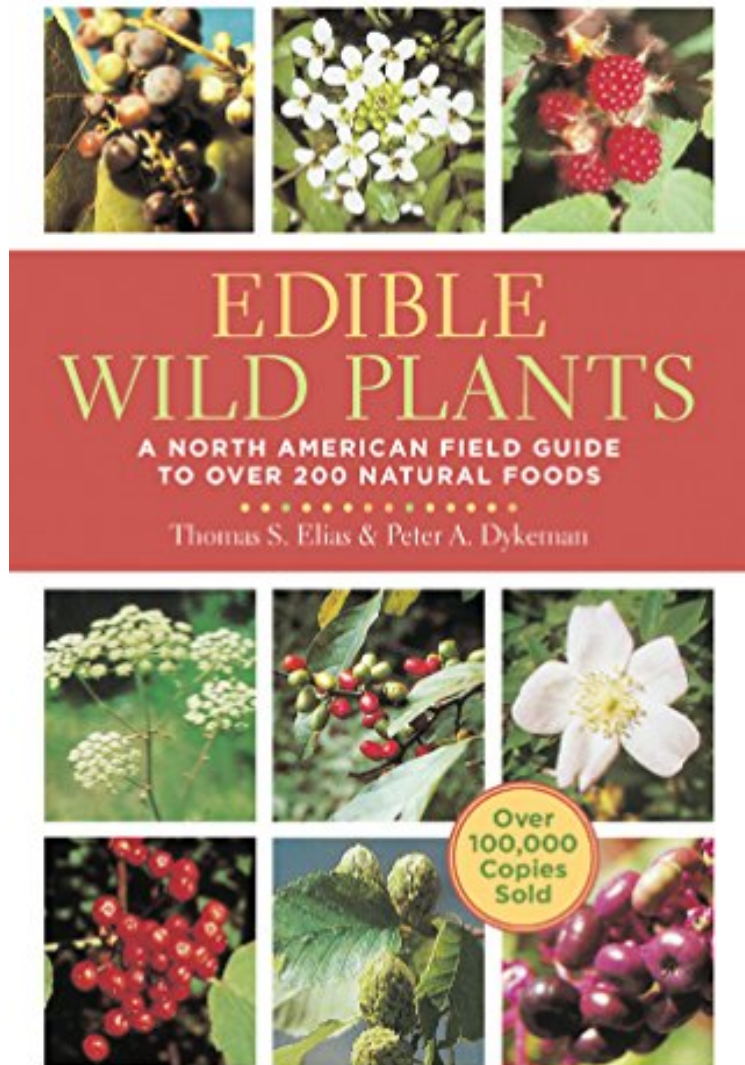


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Edible Wild Plants: A North American Field Guide to Over 200 Natural Foods

Thomas Elias, Peter Dykeman
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39 of 39 people found the following review helpful. Good book for foraging for wild greensBy Sharon KieselLove the

colorful pictures. Other books for years had drawings but this book has colorful pictures to identify the plant. So much better. My grandmother and I used to go 'greening' each Spring and she knew everything about edible plants. Haven't looked myself for years because not sure what was what due to faulty memory and line drawings in books. This renews my interest in foraging for greens once again as can really see what the plant looks like.0 of 0 people found the following review helpful. Very good. I plan to give this to my nephewBy D. FreyVery good. I plan to give this to my nephew, who does a lot of hiking, and will be going to college this fall near the Smokey Mountains.0 of 0 people found the following review helpful. It's a good referenceBy Darren MikesellGives information about a wide variety of wild edible plants. It's a good reference book

Already a huge success in previous editions, this must-have field guide now features a fresh new cover, as well as nearly 400 color photos and detailed information on more than 200 species of edible plants all across North America. With all the plants conveniently organized by season, enthusiasts will find it very simple to locate and identify their desired ingredients. Each entry includes images, plus facts on the plants habitat, physical properties, harvesting, preparation, and poisonous look-alikes. The introduction contains tempting recipes and theres a quick-reference seasonal key for each plant.

Hundreds of edible species are included...[This] handy paperback guide includes jelly, jam, and pie recipes, a seasonal key to plants, [and a] chart listing nutritional contents. Booklist Beautiful color photographs...temptingly arranged. The Library Letter