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EDIBLE PLANTS

AN INSPIRATIONAL GUIDE TO CHOOSING AND
GROWING UNUSUAL EDIBLE PLANTS



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Plants For A Future : Edible Plants (BW version): An inspirational guide to choosing and growing unusual edible plants before purchasing it in order to gauge whether or not it would be worth my time, and all praised Edible Plants (BW version): An inspirational guide to choosing and growing unusual edible plants:

1 of 1 people found the following review helpful. Five StarsBy Cathy Farnemanvery worthwhile reference book--great service2 of 5 people found the following review helpful. The information about the plants is great but it kind of confusing because the pictures is ...By Ngoc N.The information about the plants is great but it kind of confusing because the pictures is on one page and writing is on another. I think if they have the information next to the picture of the plants it talking about it would be a lot less confusing because I have to go look for the picture with it name to see it. I don't know why the author of the book thinks it an great idea to have pictures of the plants on page and the

information about it on the different page. 10 of 13 people found the following review helpful. Quite interesting
By Karl Peter Andersen I would recommend this book and the website "Plants for a future" with a lot of helpful information for anyone interested in edible and medicinal plants

(Black and White Version) There are over 20,000 species of edible plants in the world yet fewer than 20 species now provide 90% of our food. However, there are hundreds of less well-known edible plants from all around the world that are both delicious and nutritious. It is our belief that plants can provide people with the majority of their needs, in a way that cares for the planet's health. A wide range of plants can be grown to produce all our food needs and many other commodities, whilst also providing a diversity of habitats for our native flora and fauna. This book highlights some of the more unusual edible plants.

About the Author Plants For A Future (PFAF) is a charity providing a resource and information centre for edible and otherwise useful plants. The main aims of the charity are researching and providing information on ecologically sustainable horticulture, promoting a high diversity, holistic and permacultural approach namely 'woodland gardening'. The aim is to use a minimal input of resources and energy, create a harmonious eco-system and cause the least possible damage to the environment whilst achieving high productivity. Plants For A Future develop and administer the online pfaf.org edible and medicinal plant database which includes information on approximately 7,000 useful plants. Plants For A Future believe plants can provide people with the majority of their needs, in a way that cares for the planet's health. A wide range of plants can be grown to produce all our food needs and many other commodities, whilst also providing a diversity of habitats for our native flora and fauna.