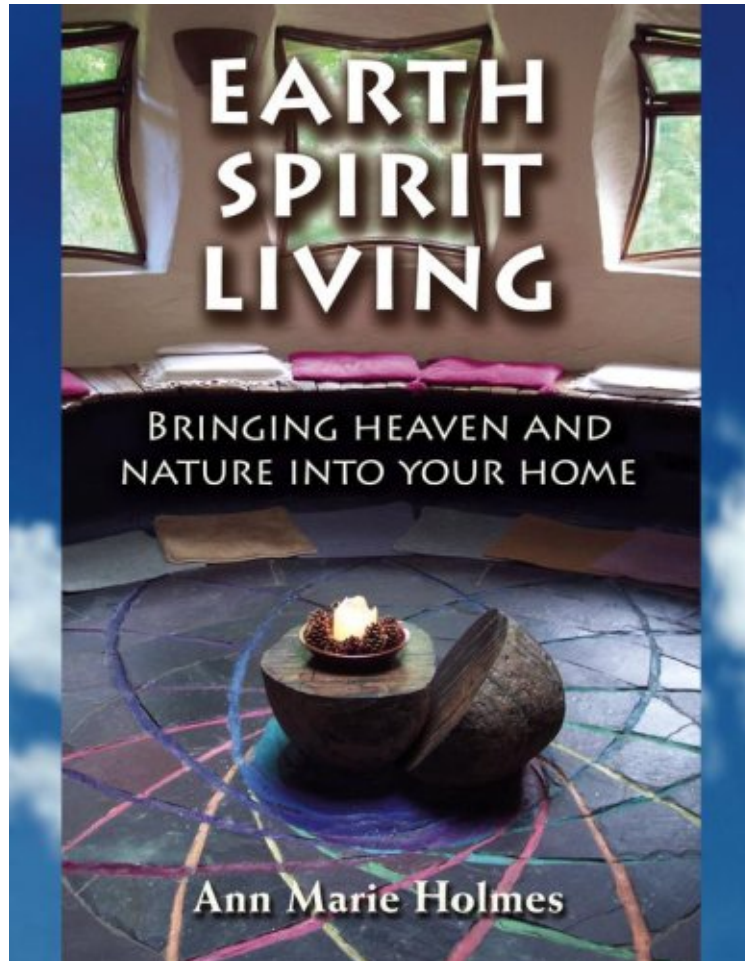


Earth Spirit Living: Bringing Heaven and Nature into Your Home

Ann Marie Holmes

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Ann Marie Holmes : Earth Spirit Living: Bringing Heaven and Nature into Your Home before purchasing it in order to gage whether or not it would be worth my time, and all praised Earth Spirit Living: Bringing Heaven and Nature into Your Home:

1 of 1 people found the following review helpful. Cosmic Energy Walker in your home. By Curtis McCosco Peruse the latest New York Times Best Seller List under the non-fiction, self help, health fitness categories and behold a glut of strokes of genius; 7 Steps to . . . , 12 Habits of . . . , Secrets of the Ancient . . . , Get In Touch With Your Inner . . . , and all kinds of advise For Idiots and Dummies. If the author has written something that tickles Oprahs fancy, by the end of the weekend following an appearance on the show, several zeros have been added to the bank account and the inevitable descent to remainder bins across the land has been slowed. Every once in a while a memorable book bobs to the surface and floats gently along a shaded tributary far from even a whiff of the mighty NYT BS List. Such is the case with this lovely volume. This sparkling multi-dimensional gem offers a way to perceive the world-that-is-us with

eyes of wonder, hearts full of delight, and minds brimming with practical magic. The book begins with an integral way of being enmeshed with the world and nature; not connected-to or part-of, but interpenetrating, mutually possessed of, coextensive with. This is the first of many great ways in which our world views are altered by listening to Ann Marie and walking about your house and yard with her. She offers a steady diet of concise information, pragmatic, though at first blush maybe odd and eccentric, ways to deal with or avoid many of life's difficulties. As fate and good fortune would have it, I discovered that Ann Marie lives on the same outer island, Kauai, in the north west corner of the Hawaiian archipelago. Soon the four of us were munching tacos in a local joint, laughing heartily and smiling all the while. A few days later she came to our house and, for what I considered light money, walked us through the existing feng-sui and made gentle but powerful recommendations for how to compensate or fix problem areas while strengthening positive forces extant. We had, some years before, a quite well regarded Chinese feng-sui and qigong teacher, Master Hong, do the same (for considerably heavier money). I'll take Ann Marie any day of the week, thank you very much. She found a small dying Japanese pine tree being smothered by its own debris and overgrown plants around it. It is a special portal for ancestors in the land to rise with earth energy into sky. When we followed her instructions, which were very specific, fresh breathing energy abounded in the yard, the house, and our own lives. We tend to take for granted so much in our lives; house and yard, workplace and car, nearby trees and parks and bodies of water, that the life energy of these things, these phenomena, withers and dries up to us. Acknowledging them, praising and honoring all these forces as beings will bring exciting vitality to all we do and play with and think about. Ann Marie can help with simple changes and placements, including rituals and cures. Invite her into your sphere and enjoy a smiling powerful woman of extensive knowledge and boundless compassion. But, like devas and garden sprites, she's no wimp, so be ready for a ride after which you'll never be the same. 1 of 1 people found the following review helpful. Interesting Informative practical an easy read By Marnie This book is organized very well. The first part explains the big picture of the Earth - a great way to begin. Then Part 2 is Practical information about your home and office. Part 3 discusses considerations for remodeling, a moving, and building. Part 4 includes great information and instructions for attunements, cures for house problems such as lighting, fireplaces etc. This part gives in depth information about ceremonies including the purpose, materials, and procedures for the ceremonies. Conscious practices are also included at the end of the book. This book is 239 pages of good information for understanding and taking gentle care of our planet Earth for our benefit and that of our planet. Considering the current earth changes, this book is timely and much needed. I will refer to this book often. 1 of 1 people found the following review helpful. Wonderful book By Customer This book is exactly how I feel about the energetics of nature but never had the words to really describe it like this. It is so validating to have someone else describe my empathic feelings for and around nature. I have not seen many books quite like this one and that reflect my understanding of nature. Thank you Ann for sharing.

Earth Spirit Living is a revolutionary approach to lifestyle design and personal space. Author Ann Marie Holmes, an expert on earth energy systems, reveals that by picking up subtle cues from the natural world, we can create healthy, enjoyable, and sustainable living spaces. She shows how we can effectively incorporate principles of sacred geometry, human intuition, and the power of space, shape, and layout to become aware of -- and collaborate with -- the earth's energies. Perfect for homeowners, renters, business owners, professional designers, and builders, Earth Spirit Living illuminates the benefits of living in cooperation with our environment, including: * a more comfortable home * increased effectiveness in your work * healthier, calmer living conditions * enhanced work and personal relationships * improved prosperity * smoother construction or remodeling process Insightful illustrations, ceremonies, cures, attunements, and visualizations will help you hone your natural instincts and strengthen your connection to your physical space. With client stories and personal anecdotes, Holmes guides you on the journey toward a balanced life and living space that harnesses the energy and wisdom of nature.

"Earth Spirit Living highlights our living and creative relationship with the earth. We are part of a sacred circle of life -- by attuning to this loving intelligence we better our lives and the world." -- Dorothy Maclean, cofounder of the Findhorn Foundation and Community" Ann Marie's theories are innovative, refreshing, and all-embracing. She treats topics ordinarily neglected by others with great detail and explanation. An ancient proverb states, 'When one opens a book, one will reap in benefits.' I hope all who read this book will do so carefully and repeatedly so that they too may share the aura of higher wisdom." -- His Holiness Grandmaster, Professor Thomas Lin-Yun Rinpoche About the Author Ann Marie Holmes is a former contributing member of the renowned Findhorn Foundation in northern Scotland, recipient of the UN-Habitat Best Practice Designation. She has been a master consultant and pioneer environmental intuitive for over two decades. She lives with her husband in Lihue, Hawaii. Visit her website at www.annmarieholmes.com.