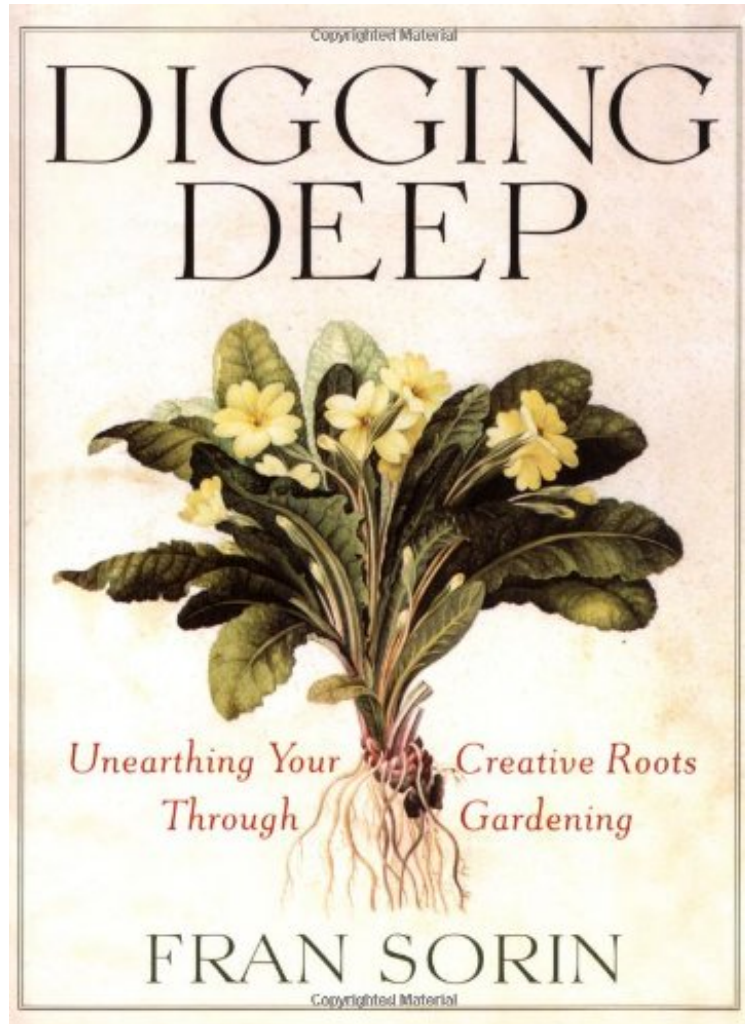


(Read now) Digging Deep: Unearthing Your Creative Roots Through Gardening

Digging Deep: Unearthing Your Creative Roots Through Gardening

Fran Sorin

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#1472747 in Books 2004-04-02Original language:EnglishPDF # 1 8.38 x .88 x 6.251, #File Name: 0446531669224 pages | File size: 43.Mb

Fran Sorin : Digging Deep: Unearthing Your Creative Roots Through Gardening before purchasing it in order to gage whether or not it would be worth my time, and all praised Digging Deep: Unearthing Your Creative Roots Through Gardening:

2 of 2 people found the following review helpful. a personal approach to garden designBy garden chickThe source of creativity can be illusive - I've noticed people sometimes think you are either gifted with it or you aren't. This book illustrates that we all have a creative spark and provides easy-to-use tools to nurture that spark along. Through personal experiences, stories about her clients and suggested exercises, as well as practical advice on garden design, the author has taken an unusual, personal approach to the design process. Recommended for anyone who wants more than just a technical primer, but instead a guide to creating a garden that is uniquely personal.0 of 0 people found the

following review helpful. Getting ready to bloom. By Elle Sommer Fran's book guides us oh so gently, yet clearly, through Imagining, Envisioning, Planning, Planting, Tending, Enjoying, and Completing. As you read you'll find yourself unearthing the creative spark within, and perhaps it's the inner gardener that will call to you. Perhaps the seeds you'll be sowing are seeds of joy and growth and expansion along with the beauty of the outer garden you're creating. I love this book. It's full of inspiration, hope, imaginings and concepts for beautiful gardens all rolled into one. 0 of 0 people found the following review helpful. Was promising but By Misi The overall message is solid and helpful. However, the author comes across as very high on herself all people she was able to get to see the light so to speak, then pattles those that just could not focus enough.

For experienced and would-be gardeners alike, this beautiful book leads readers through a process of creative discovery that encourages them to bloom right along with their gardens. Now more than ever, people are looking for activities that help them to relax and connect with the world--and nothing accomplishes this goal more completely than gardening. By tuning in to the processes of the natural world, millions have discovered that gardening acts as a conduit for experiencing creativity--not just in the garden, but in life. Now, gardening expert Fran Sorin offers this practical, prescriptive, and motivational book to teach readers to use gardening as both a metaphor and a tool for exploring and enhancing creativity in all areas of life. With evocative illustrations and a series of eye-opening, inspirational exercises, DIGGING DEEP encourages gardeners of all levels to enjoy their gardens more deeply and to set their creative selves free.

From Publishers Weekly Garden designer Sorin invites readers to "unearth" their "creative roots" in a book long on platitudes and cheerful encouragement but unfortunately lacking in advice that would-be gardeners can put to real use. In the introduction ("what does it mean to be creative?"), Sorin sets the book's tone by explaining that her "mission is not to have everyone create world-class gardens, but to show new and experienced gardeners alike how they can use their gardens as tools for their creative awakening." Accordingly, she organizes her book into "seven stages of creative unfolding": Imagining, Envisioning, Planning, Planting, Tending, Enjoying and Completing. These are sensible divisions, certainly, but the exercises that Sorin provides offers within are not always inspiring (e.g., "Ask yourself: What would I do in my garden if there were no limits on time or money?"; "Spend some time writing about times in your life when you followed your instincts, both in and outside your garden"). Even in sections like "Tips for Container Gardening," which offer numerous opportunities to introduce hands-on advice, Sorin's recommendations ("add water-retaining gel crystals") are familiar. Sorin does provide some useful bits, listing, for example, "The Six Must-Have Gardening Tools" and giving suggestions for controlling pests without using toxic chemicals. But the bulk of her book takes gardening as a metaphor for emotional and spiritual growth--which means that readers heading for the self-help aisles might like this volume better than those wandering through the gardening section. Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. From Booklist For an artist, it's an empty canvas; for a writer, a blank page; but for a homeowner, a barren landscape can be an equally daunting proposition. As with any creative endeavor, filling a space with beauty is a task few approach with any degree of self-confidence, but Sorin maintains such intimidation is unnecessary once we learn how to open ourselves up to sensory and imaginative experiences. Espousing principles that can and, she hopes, will be applied to other aspects of life, Sorin views gardening as the perfect place to begin one's creative reawakening and offers a thought-provoking series of exercises and practices that will help readers produce their perfect garden setting while developing philosophies and habits that will allow them to enjoy the fruits of their labors. From wishing and hoping to weeding and hoeing, Sorin enthusiastically guides gardeners every step of the way, helping them learn how to make choices and sharpen skills, celebrate successes, and embrace changes from a more creative perspective. Carol Haggas Copyright American Library Association. All rights reserved About the Author Fran Sorin designs gardens throughout the United States. She has been a regular contributor on NBC's Weekend Today and appeared on LIVE with Regis and Kelly, HGTV, The Discovery Channel, Lifetime, and NBC 10 in Philadelphia. The host of a weekly gardening radio show for Infinity Broadcasting, she also writes for USA Weekend and is the gardening expert for iVillage.com. She lives in Bryn Mawr, Pa.