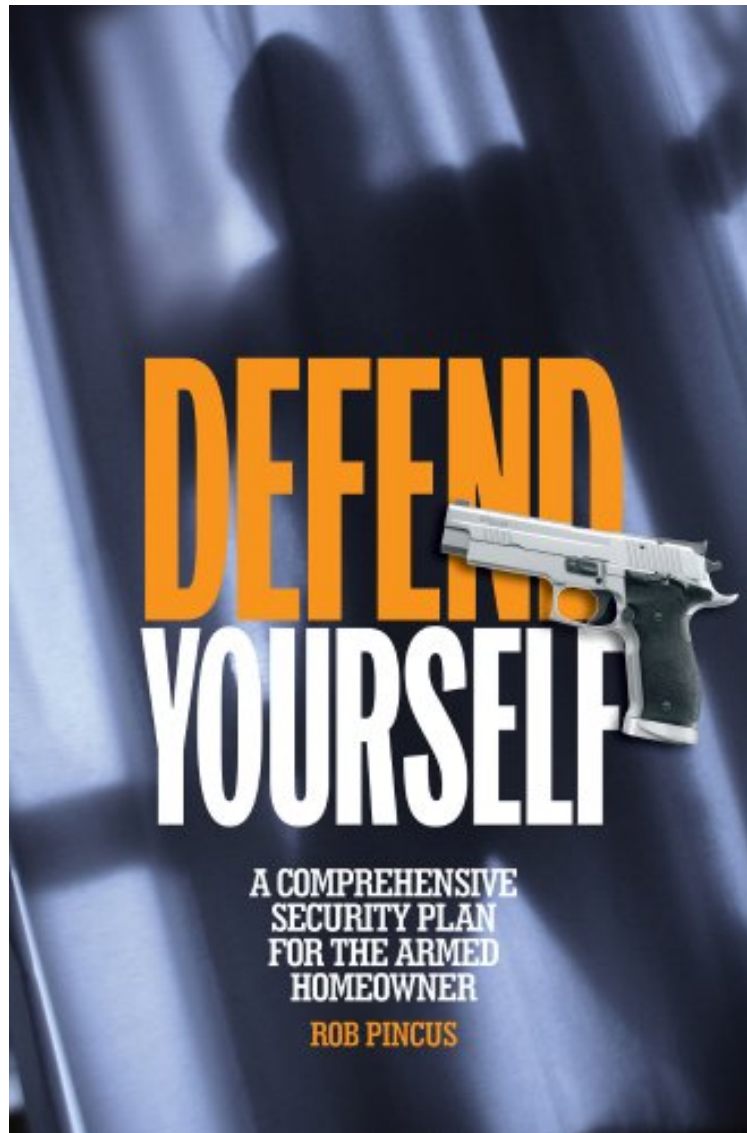


[Download] Defend Yourself: A Comprehensive Security Plan for the Armed Homeowner

Defend Yourself: A Comprehensive Security Plan for the Armed Homeowner

Rob Pincus

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#144311 in Books Pincus, Rob 2014-05-28 Original language: English PDF # 1 9.00 x .64 x 6.001, 1.20 #File Name: 1440238316256 pages | File size: 63.Mb

Rob Pincus : Defend Yourself: A Comprehensive Security Plan for the Armed Homeowner before purchasing it in order to gage whether or not it would be worth my time, and all praised Defend Yourself: A Comprehensive Security Plan for the Armed Homeowner:

4 of 4 people found the following review helpful. DisappointedBy Laker9029 Quite a disappointment for a Rob Pincus

and NRA recommended book. I have enjoyed Rob's videos and articles for some time, and bought based on that experience. This book however, is obviously ghost-written from interviews or recorded notes and each chapter is pretty general. I bought paperback to keep as a reference, but there is little of value to refer to. It is basically an outline, with some general thoughts and a few examples on each subject and is mostly common sense. Rob's free videos are much more useful than this book. I will avoid Rob's materials in the future, unless they carry a money-back guarantee.

4 of 4 people found the following review helpful. It has good ideas. By Robert T. M. This is a good book with lots of things to consider. It is good supplemental reading if you decide to take a USCCA (U.S. Concealed Carry Association) course. It helps give you things to consider / ways to "think." Just remember, like anything else: When it comes to "do it yourself" self defense, practice and training "from outside" is hard to replace. This book is much like others such as: "Deadly Force," and "Concealed Carry." They are all good and they all cover much of the same information. Each of the 3 has a few "unique" things of their own. I would still suggest you consider 2 training courses: 1. For Marksmanship, the NRA Basic Pistol course. 2. For Self Defense, the USCCA course.

20 of 22 people found the following review helpful. This is THE book on home defense. By Customer. If you've undertaken more than a passing interest in defensive firearms training over the past few years, you'll know the name Rob Pincus. His appearances on popular TV shows such as The Best Defense and Trigger Time have made him something of a household name. His Combat Focus Shooting (CFS) program has thousands of adherents worldwide, and has been taught to students ranging from housewives and accountants to top tier law enforcement and military units. In short, if you are serious about self-defense with a firearm, you need to have Rob Pincus on your radar. Defend Yourself is Rob's 4th or 5th book, depending upon how you count them. Previous titles include Combat Focus Shooting and Counter-Ambush. This book -Defend Yourself - is - in my opinion - his best to date. Defend Yourself focus on home defense, with or without a firearm. I've read a number of titles from other authors on this subject. Some have been pretty good, others simply a dreadful compendium of anecdotes and gun counter wisdom. None have been especially complete. This book is different. As is typical for Pincus approach to teaching firearms, he breaks the subject down into discrete components and then examines what actually is known to happen in home-defense cases, as well as what can plausibly be expected. There are no magic formulas, but rather a solid exposition of principles followed by how those principles are best applied in context. Nothing seems hastily written or reasoned. Defend Yourself is amazingly complete. A section on tactics flows right into a section on equipment (not just guns), which is followed by the topic of training and rehearsal techniques. This really is a single volume resource which covers all of the bases. If you want to buy one book on home defense this is the one.

It CAN happen to you. Your home is the one place you should be safe and the one place you usually are safe--but a home invasion turns all that upside down. You can come out the winner in this frightening situation, and self-defense expert Rob Pincus, in his new book Defend Yourself--A Comprehensive Security Plan for the Armed Homeowner, shows you just what to do to survive this terrifying event. Inside you'll find: Strategies for evading, barricading, and battling an armed threat in your home. Smart weapon choices and how to stage them for access when you need them most. Special tactics for hotel rooms and single room apartments. Training tips and drills exclusive to combat accuracy needs. And much, much more! Pincus offers up an unprecedented analysis of the "dynamic critical incident" that is a home invasion. In addressing this crucial topic--the one you think can't happen to you--Pincus has provided the next level in self-defense mentoring. No matter who you are, no matter where you live, this book is a must-read.

About the Author Rob Pincus is a leading trainer in the area of self-defense. He is the developer of the Combat Focus Shooting Program and owner of I.C.E. Training Company, and is the author of several books on the topic of self-defense through the use of firearms. This is his first book with Gun Digest.