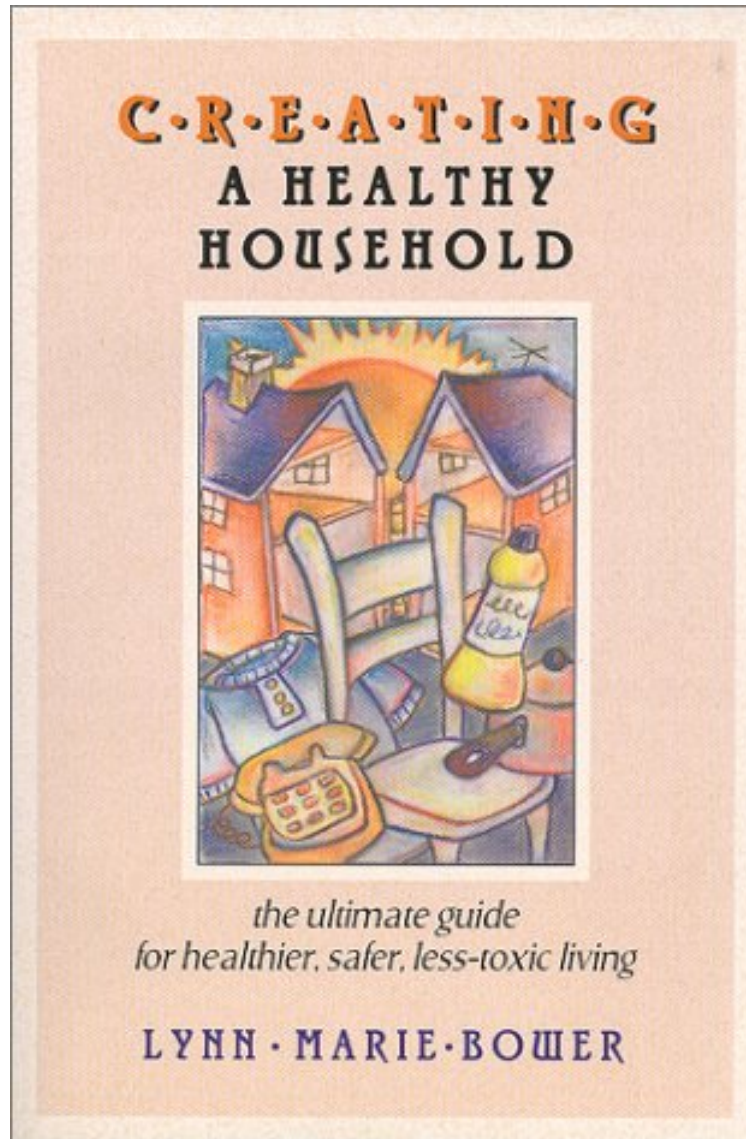


Creating a Healthy Household: The Ultimate Guide for Healthier, Safer, Less-Toxic Living

Lynn Marie Bower

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Everything you put inside your house should be as healthy as the structure itself. *Creating a Healthy Household* offers practical suggestions for improving virtually every aspect of your homes indoor living environment. With chapters devoted to cleaning products, personal-care, clothing, linens, interior decorating, life-styles, housekeeping, air and water quality, and reducing electromagnetic radiation, no other book matches its thoroughness. Its an essential reference for anyone interested in their familys health and well-being. Containing an impressive 704 pages, this book is the only one of its kind. It is a complete reference library all in one book. With hundreds of listings for new companies, products, catalogs, sources, web sites, and a comprehensive index, its simply indispensable.