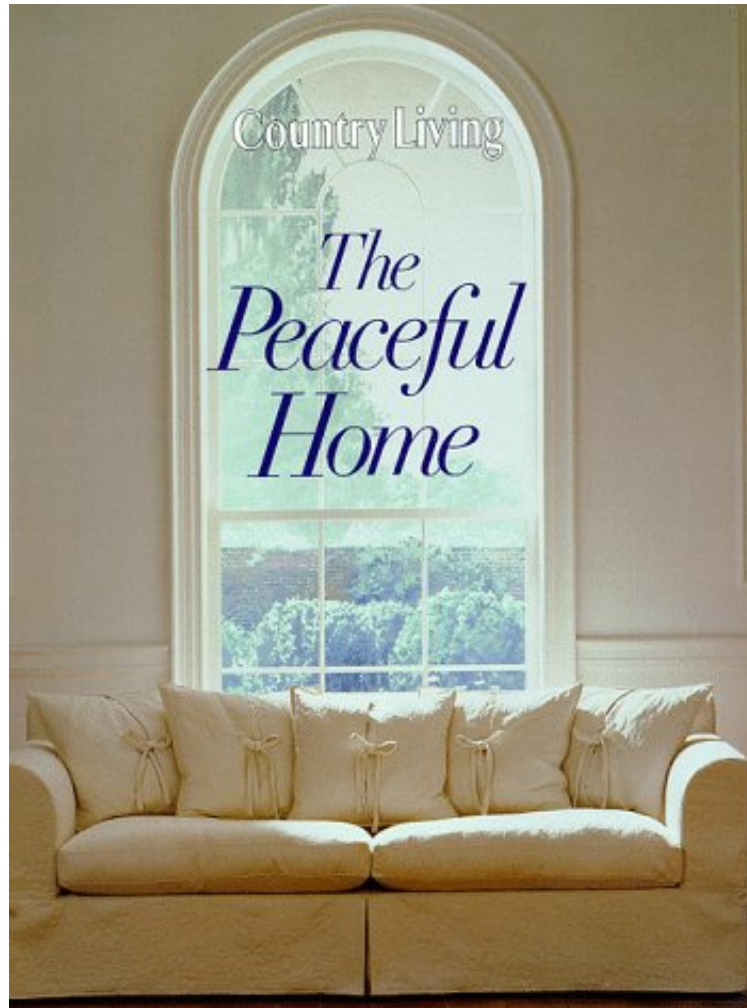


Country Living The Peaceful Home

From Hearst

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From Hearst : Country Living The Peaceful Home before purchasing it in order to gage whether or not it would be worth my time, and all praised Country Living The Peaceful Home:

15 of 15 people found the following review helpful. Decorative inspiration; declutter your home; great suggestioBy A CustomerWe are remodeling a home (new to us). Before I opened this book, I knew what I liked, but there were so many choices that I just didn't know what to do. After reading the book and reviewing the pictures, I have a much better idea of how to put together an appealing home with the furniture and accessories I already own. Great suggestions. If you're not sure, this book is for you!

Home should be a haven, a place in which to relax and recharge. All too often, the notion of a peaceful refuge seems

elusive, even unattainable without a great deal of money. Here is a book that delivers on the promise of its title, a book that enables the reader to create the tranquil living space he or she wants -- and needs! Individual chapters treat each of the five senses, examining ways to appeal to them in any kind of living space. *Country Living The Peaceful Home*, offers a range of options for every reader. Feature spreads show how to incorporate peaceful elements from Eastern cultures into one's own home -- for example, the rules for the Chinese art of feng shui; the Japanese use of screened interiors. By applying the principles outlined here, every reader can enjoy a home that uniquely embodies what the heart desires -- a place of comfort and joy.

About the Author Alice Westgate grew up in the peaceful countryside of Northumberland and now lives in London. She spent four years on the staff of *Homes Gardens* and currently works as a freelance journalist, writing about interiors all around the world for leading home-interest consumer magazines, including *House Garden* and *Country Home and Interiors*. Excerpt. Reprinted by permission. All rights reserved. Your home should be a refuge from the stresses of the outside world. It should be a place that nurtures you, calms you, pleases you and indulges you -- a haven of constancy and calm when all around you is unpredictable and demanding. Providing you with a sense of belonging, your home is a place where you can establish roots, grow, and flourish. While bricks and mortar in themselves can't make you happy, a well-designed home that is filled with things you love is a solid foundation on which to build a rich and rewarding life. You don't have to spend lots of money, to follow a particular trend, adhere to any prescribed principles, or strive for anyone else's idea of perfection. Creating a peaceful home is all about self-expression -- trusting your instincts and developing your own style, whether you live in a cottage or a castle. All you need do is be yourself and make choices from the heart. Spontaneity and idiosyncrasy are the secrets of success. The first step is to imagine what your perfect house would be like -- its style, size, location, and atmosphere. The second is to enhance the quality of the experience by satisfying the senses, incorporating wonderful sights, sounds, scents, tastes, and textures at every opportunity. The final step is to recognize the practicalities that will turn your ideas into reality. The three parts of this book -- "The Options," "The Senses," and "The Basics" -- will guide you along the path toward creating a home that is more peaceful than you had ever dreamed. Copyright 1998 by Hearst Corporation and Marshall Editions Developments Ltd AUTHOR BIO: Alice Westgate grew up in the peaceful countryside of Northumberland and now lives in London. She spent four years on the staff of *Homes Gardens* and currently works as a freelance journalist, writing about interiors all around the world for leading home-interest consumer magazines, including *House Garden* and *Country Home and Interiors*.