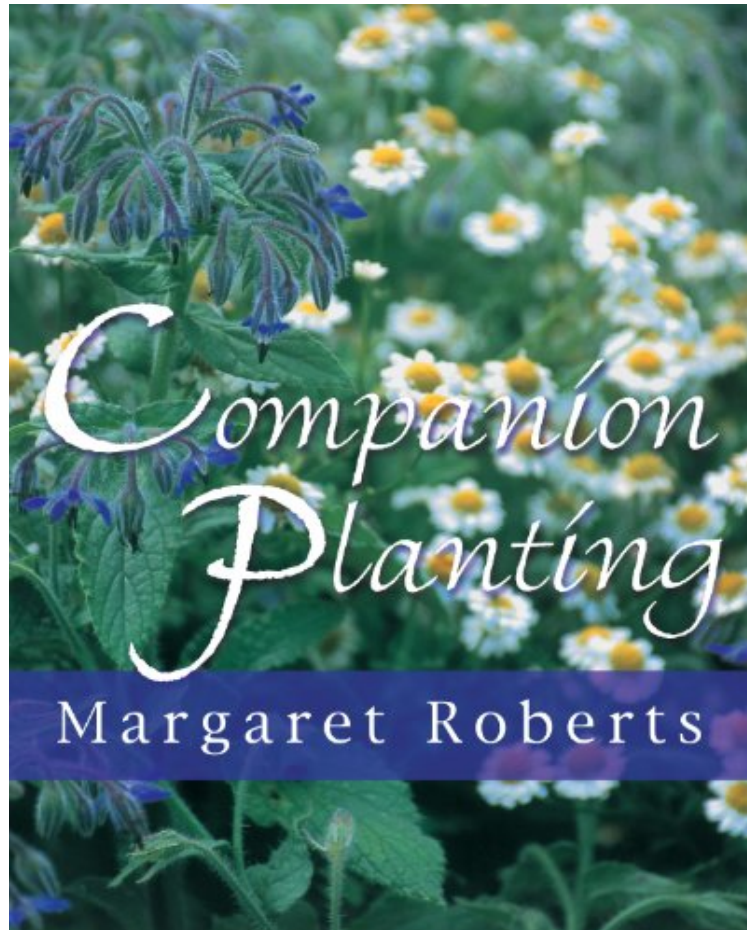


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Companion Planting

Margaret Roberts

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Margaret Roberts : Companion Planting before purchasing it in order to gage whether or not it would be worth my time, and all praised Companion Planting:

Companion planting is the age-old practice of planting different plants in close proximity so that they can help one another in some way. These plants complement each other by giving off scent or chemicals that repel insects, or they may attract beneficial insects that are predators to harmful insects. Some plants return micro-nutrients to the soil that can be used by other plants. Did you know? * Nasturtiums planted with pumpkins, squash and cucumbers deter beetles, aphids and other insects that attack the plants. And whats more, they are edible! * Carrots and leeks are excellent companions. Leeks repel carrot fly and carrots repel onion fly and leek moth. The confusion of scents chases the insects away. * Asparagus prevents nematodes from attacking the roots of tomato plants. * Coriander repels insects and can be made into a natural spray to use against red spider mite. * Garlic deters aphids and is a particularly good

choice to plant with roses.

About the Author MARGARET ROBERTS has created a fascinating career in the world of health and gardening. Her realm is all things natural that can uplift, heal and inspire, whether it is creating gardens, teaching about the wonders of herbs or developing medicinal and nutritional plants at her Herbal Centre. She has published many books and articles on herbs, health and gardening and is well known for her many publications, regular magazine articles and radio talks.